

# January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No Lunch	3 Hot Dog, Chips, Steamed Corn, Fruit, Salad	4 Cheese Pizza, Salad, Orange Slices, Raw Veggie Cup w/ Ranch, Yogurt	5 Baked Ziti, Salad, Seasoned Green Beans, French Bread, Cookie	6 Chicken Tenders, Mac & Cheese, Salad, Steamed Veggie, Pudding	7
8	9 Red Beans & Rice w/ Sausage, Carrots, French Bread, Salad, Cookie	10 Hot Dog, Chips, Steamed Corn, Fruit, Salad	11 Cheese Pizza, Salad, Orange Slices, Raw Veggie Cup w/ Ranch, Yogurt	12 Meatballs & Pasta, Salad, Seasoned Green Beans, French Bread, Cookie	13 Chicken Tenders, Cheesy Mashed Potatoes, Salad, Steamed Veggie, Pudding	14
15	16 No Lunch	17 Hot Dog, Chips, Steamed Corn, Fruit, Salad	18 Cheese Pizza, Salad, Orange Slices, Raw Veggie Cup w/ Ranch, Yogurt	19 Pasta & Meat Sauce, Salad, Steamed Peas, French Bread, Cookie	20 Chicken Tenders, Mac & Cheese, Salad, Steamed Veggie, Pudding	21
22	23 White Beans & Rice w/ Sausage, Carrots, French Bread, Salad, Cookie	24 Hot Dog, Chips, Steamed Corn, Fruit, Salad	25 Cheese Pizza, Salad, Orange Slices, Raw Veggie Cup w/ Ranch, Yogurt	26 Baked Ziti, Salad, Seasoned Green Beans, French Bread, Cookie	27 Chicken Tenders, Cheesy Mashed Potatoes, Salad, Steamed Veggie, Pudding	28
29	30 Chicken & Sausage Jambalaya, Carrots, French Bread, Salad, Cookie	31 Hot Dog, Chips, Steamed Corn, Fruit, Salad				