

# October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Chicken & Sausage Jambalaya, Carrots & Peas, French Bread, Cookie	4 Hot Dog, Corn, Chips, Salad, Fruit	5 Cheese Pizza, Orange Slices, Veggie Cup w/ Ranch & Yogurt	6 Pasta & Meat Sauce, Steamed Veggies, French Bread, Cookie	7 Chicken Tenders, Cheesy Mashed Potatoes, Steamed Veggie, Pudding	8
9	10 Cheese Pizza, Orange Slices, Veggie Cup w/ Ranch & Yogurt	11 Hot Dog, Corn, Chips, Salad, Fruit	12 Red Beans & Rice W/ Sausage, Carrots & Peas, French Bread, Cookie	13 Pasta & Meatballs, Steamed Veggies, French Bread, Cookie	14 Chicken Tenders, Mac & Cheese, Steamed Mixed Veggie, Pudding	15
16	17 White Beans & Rice W/ Sausage, Carrots & Peas, French Bread, Cookie	18 Hot Dog, Corn, Chips, Salad, Fruit	19 Cheese Pizza, Orange Slices, Veggie Cup w/ Ranch & Yogurt	20 Baked Ziti, Steamed Veggies, French Bread, Cookie	21 Chicken Tenders, Cheesy Mashed Potatoes, Steamed Veggie, Pudding	22
23	24 Chicken & Sausage Gumbo, Carrots & Peas, French Bread, Cookie	25 Hot Dog, Corn, Chips, Salad, Fruit	26 Cheese Pizza, Orange Slices, Veggie Cup w/ Ranch & Yogurt	27 Pasta & Meat Sauce, Steamed Veggies, French Bread, Cookie	28 Chicken Tenders, Mac & Cheese, Steamed Veggies, Pudding	29
30	31 No Lunch					